

<b>Ahd</b>	Ahead
<b>BL</b>	Bear Left
<b>BR</b>	Bear Right
<b>COP</b>	Changeover Point
<b>Cont</b>	Continue
<b>Cnr</b>	Corner
<b>Dist</b>	Distance in Metres
<b>Encl</b>	Enclosed
<b>Fb</b>	Footbridge
<b>Fld</b>	Field
<b>Fllw</b>	Follow
<b>FL</b>	Fork Left
<b>Fp</b>	Footpath
<b>F-post</b>	Finger Post
<b>FR</b>	Fork Right
<b>Immed</b>	Immediately
<b>Jcn</b>	Junction
<b>K-gt</b>	Kissing Gate
<b>L</b>	Left
<b>LH</b>	Left Hand
<b>PB</b>	Public Bridleway
<b>R</b>	Right
<b>RH</b>	Right Hand
<b>Rd</b>	Road

**Thru**

Through

**X**

Cross