

	1st Leg					
	Mens		Ladies		Mixed	
Club	29 Valley Striders A Team		28 Wakefield Harriers Ladies Team		44 Hyde Park Magnus Carnis	
Time	01:08:28		01:23:34		01:30:55	
Names	John Hobbs	Andy May	Nicky Steel	Jacqui Khoveiry	Daniel Waas	Rebecca Rogers

	2nd Leg					
	Mens		Ladies		Mixed	
Club	41 Airedale Athletics		28 Wakefield Harriers Ladies Team		42 Saltaire Striders	
Time	01:15:19		01:29:32		01:28:30	
Names	Matt Nowell	Andy Bedford	Katie McHale	Faye Beckett	Jen Willingham	Richard Stone

	3rd Leg					
	Mens		Ladies		Mixed	
Club	29 Valley Striders A Team		32 Valley Striders Ladies Team		18 Pudsey Pacers A Team	
Time	01:05:46		01:19:52		01:14:23	
Names	Rav Panesar	John Pownall	Samantha Harris	Pam Lomoro	Jim Cantwell	Michelle Tenwick

	4th Leg					
	Mens		Ladies		Mixed	
Club	29 Valley Striders A Team		32 Valley Striders Ladies Team		42 Saltaire Striders	
Time	01:14:25		01:32:05		01:31:23	
Names	Dan Fisher	Matthew Hallam	Rachel Mackie	Sarah Grant	Laura Marchant	Ben Marchant

	5th Leg					
	Mens		Ladies		Mixed	
Club	41 Airedale Athletics		37 Horsforth Ladies A Team		17 North Leeds Fell Runners	
Time	01:03:21		01:25:46		01:15:24	
Names	Quentin Lewis	Michael Maylon	Helen Coutie	Theresa Duckett	John Brooksbank	Katie Boden

	6th Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team		35 - Baildon Runners A Team		14 - Kirkstall Harriers A Team	
Time	01:04:38		01:18:39		01:09:59	
Names	Jeremy Ladyman	Jon Parker	Emma Stoner	Ali Boyle	Shamiso Sisimayi	Adam Moger