

	1st Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team Men		28 - Wakefield Harriers Ladies Team		36 - Baildon Runners B Team	
Time	01:10:26		01:21:17		01:26:08	
Names	Andy May	John Hobbs	Nicola Steel	Julie Briscoe	Paul Dennison	Emma Stoney

	2nd Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team Men		32 - Valley Striders Ladies		44 - Hyde Park Magnus Canis	
Time	01:16:52		01:32:13		01:32:33	
Names	Alistair Burns	Jon Pownall	Ali Price	Hayley Nancolan	Danial Waas	Rebecca Gray

	3rd Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team Men		37 - Horsforth Ladies A Team		18 - Pudsey Pacers A Team	
Time	01:06:09		01:29:28		01:16:19	
Names	Rav Panesar	Dan Fisher	Liz Huby	Aisling Wall	John Marshall	Karen Pickles

	4th Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team Men		32 - Valley Striders Ladies		15 - Kirkstall Harriers A Team	
Time	01:15:36		01:37:13		01:39:00	
Names	Daryl Hibberd	Matt Hallam	Kim Spence	Amanda Seims	Adam Moger	Niamh Jackson

	5th Leg					
	Mens		Ladies		Mixed	
Club	29 - Valley Striders A Team Men		32 - Valley Striders Ladies		43 - Hyde Park HPH Velocities	
Time	01:03:32		01:18:13		01:14:58	
Names	Jeremy Ladyman	Paul Fortherby	Rachel Mackie	Sarah Grant	Tom Eales	Rachel Eales

	6th Leg					
	Mens		Ladies		Mixed	
Club	11 - STACs Vets Team		32 - Valley Striders Ladies		15 - Kirkstall Harriers A Team	
Time	01:03:21		01:13:55		01:11:37	
Names	Terry Midgeley	John Robson	Louise Cazan	Holly Button	Adam Nodwell	Alice Murray-Gourlay