



## Latest Update February 2022

### AGM

Thank you to everyone who came along to the 2021 AGM on Monday 24<sup>th</sup> January 2022. Your 2022 Committee was voted in:

Chair	Andy Hill
Secretary	Annette McTaggart
Membership Secretary	Les Kitching
Treasurer	Jason Britton
Men's Captain	Alan Davy
Men's Vice Captain	Graham Hoy
Women's Captain	Emily Follows
Women's Vice Captain	Veronica Hawking
Social Secretary	Cheryl Stanton
Kit Secretary	Annie Beaumont
Web Editor	Emma Richardson

Members also passed a motion to increase full membership fees to £35 for 2022-23. Look out for an email from Les next month with details of how to renew your membership.

### Joyce Robinson

It is with a heavy heart and great sadness that we announce the passing of Joyce Robinson.

Joyce was a long standing, supportive and much loved member of Kippax Harriers, her smile and sense of humour will be greatly missed by many.

In memory of Joyce, a minute's applause was held ahead of the evening session on Tuesday 8<sup>th</sup> February.

Joyce's funeral will be held on Wednesday 2nd March at The Methodist Church, Garforth at 1pm. There is a request to wear a mask if you are attending; the family are happy for us to wear club kit if we want to.





## 2022 Club Championship

Your new-look Captains Team have announced the 2022 championship races:

(Please note the distances - some events have more than one distance, so make sure you enter the correct one!)

1. TNT 10 mile (gone)

2. St Aidan's winter beast 6.66 miles (gone)

3. PECO Race 5 Roundhay Park 20.02.22

4. Rother Valley - **10k** - 06.03.22

<https://www.letsdothis.com/gb/e/run-yorkshire-rother-valley-5k-10k-15k-189297>

5. Windmill 6 mile - 20.03.22

<https://www.entrycentral.com/windmill6>

6. Bramham **1/2 marathon** - 03.04.22 **ONLY 76 PLACES LEFT**

<https://www.resultsbase.net/event/5891>

7. Swainby Sweep Trail Race - **7 mile**- 24.04.22 (possible coach trip, dependant on number of entrants)

<https://www.madraces.co.uk/swainby-sweep>

Please note for this race it's mandatory to have in your possession for the race

Facemask, Route map/instructions, Mobile phone, Cup for drink stations or water bottle

8. Cookridge 10k - 22.05.22

<https://www.cookridgecommunityrun.co.uk>

9. Eccup 10 mile - 26.06.22

<https://racebest.com/races/6vvh3>

10. Harrogate 10k - 03.07.22

<https://racebest.com/races/thv3e>

11. York 10k - 07.08.22

<https://www.runforall.com/events/10k/york-10k/>

12. 20&27.08.22 parkrun (run either weekend or both and use best time) -course tbc

13. Knaresborough Crag Rat - 5 miles - 25.09.22 (entries open 1.3.22)

14. Bridlington 1/2 marathon - provisionally 02.10.22

15. Dalby dash 10k -13.11.22 (club coach trip. Sold out, can join waiting list)

16. Tadcaster 10 mile -

provisionally 20.11.22





# KIPPAX HARRIERS



The 2022 Championship has got off to a great start, with a huge turnout of red vests at both TNT and St Aidan's Winter Beast! For those who are new to the Club Championship, you need to do at least 6 races to qualify and points are taken over your best 8 races. See more on our website <https://kippaxharriers.org.uk/club-events/club-championship/>







## Beginners' Course

We propose to hold our 12 week Beginners' Course on Tuesday nights, commencing 19th April, culminating in a graduation pub run on the 5th July.

Please let us know if you would be able to assist by commenting on Facebook or dropping us an email. We'd be grateful if you could let us know if you're a LiRF too.

This is an excellent opportunity to support, encourage and hopefully welcome new athletes to the club.....!

Finally, if anyone is interested in becoming a LiRF, please contact a member of the committee for more information.

## PECO

We had another great turnout at Race #3 at Middleton Park in December and Race #4 at West Park in January, well done to everyone who ran.

With just one race left to go, the Ladies' Team are placed 4<sup>th</sup> in the Second Division and 3<sup>rd</sup> in the Vets First Division, with the Men's Team also 4<sup>th</sup> in the Second Division and 6<sup>th</sup> in the Vets First Division.

Good luck to everyone running at Race #5 at Roundhay park!

## parkrun takeover

We had an amazing turnout for the parkrun takeover at Temple Newsam on Saturday 18<sup>th</sup> December. Brilliant atmosphere, great volunteering and of course the cakes went down a storm! Thank you so much to everyone who came along to help, and everyone who baked, there were lots of really positive comments about what a great takeover it was!



## Leeds Country Way Relay

We are thrilled to be able to confirm that Leeds Country Way Relay will be back this year, to be held on Sunday 4th September. We can't wait to welcome all the runners back, so save the date!



## Runner of the Month

The awards for December and January have been agreed by your committee, but haven't been announced yet, so watch this space!

Have a look at all our Runners of the Month on our website: <https://kippaxharriers.org.uk/runner-of-the-month-2/>

## The Results

Here's the Results Update for races up to 8<sup>th</sup> February:

### PECO Race 3 Middleton Park 4.5 miles 19/12/2021

Emily Follows	00:40:22
Fiona Robins	00:42:06
Veronica Hawking	00:46:26
Alison Hunter	00:47:12
Anna Houton	00:47:58
Julie Taylor	00:48:23
Annette McTaggart	00:49:02
Andrea Foulke	00:50:11
Wendy Chapman	00:51:38
Kate Penrose	00:51:40
Stephen Bailey	00:32:39
Andy Hill	00:36:10
Alan Davy	00:36:34
Wayne Wideman	00:38:04
Pete Blackburn	00:38:20
Ian Storey	00:41:40
Paul Hammond	00:42:09
Graham Hoy	00:42:26
John Messenger	00:46:08
Jason Britton	00:49:10
Jay Kitchen	00:51:13
Les Kitching	01:08:57

### Rudolfs Revenge 10k - 19/12/2021

Graham Hoy	01:22:48
Zoe Hoy	01:22:48

### Sprout Scuttle - 12/12/2021

Graham Hoy	01:22:50
Zoe Hoy	01:22:50



## PECO Race 4 West Park 4.5 miles - 23/01/2021

Emily Follows	00:37:05
Emma-Jane Richardson	00:41:47
Anna Houton	00:41:54
Linda Durkin	00:42:00
Veronica Hawking	00:42:04
Alison Hunter	00:42:31
Andrea Foulke	00:43:00
Annette McTaggart	00:44:08
Clare Copley	00:44:20
Kate Penrose	00:46:50
Valerie Pell	00:51:10
Zoe Hoy	01:03:06
Stephen Bailey	00:29:40
Andy Hill	00:33:05
Alan Davy	00:33:58
Pete Blackburn	00:34:25
Graham Hoy	00:37:02
Paul Hammond	00:38:30
Paul Durkin	00:44:58
Les Kitching	00:58:50

## TNT 10 miles - 09/01/2022

Andrew Weeks	01:13:19
Andy Hill	01:15:32
Ian Downham	01:19:08
Alan Davy	01:19:20
Pete Blackburn	01:19:54
Graham Hoy	01:24:05
Emily Follows	01:24:41
Fiona Robins	01:26:01
Paul Hammond	01:28:32
David Bonning	01:28:54
Mark James Albon	01:30:54
James Copley	01:36:27
John Messenger	01:36:38
Julie Taylor	01:37:44
Robert James Ward	01:37:57
Alison Hunter	01:39:15
Annette McTaggart	01:39:58
Linda Durkin	01:40:27
Jamie Wainwright	01:42:01
Anna Houton	01:42:52
Emma Richardson	01:43:36
Clare Copley	01:43:44
Hannah Edwards	01:44:54
Cheryl Stanton	01:44:59
Kate Penrose	01:45:34



# KIPPAX HARRIERS



Andrea Foulke	01:48:22
Paul Durkin	01:52:50
Helen Frith	01:55:40
Valerie Pell	01:56:26
Stevie Roberts	02:27:09
Dorothy McDonald	02:27:10
Zoe Hoy	02:27:23
Annie Beaumont	02:29:07

## **St Aidan's Winter Beast 6.66 miles - 30/01/2022**

Stephen Bailey	00:43:18
Andy Hill	00:47:38
Ian Downham	00:49:42
Graham Hoy	00:52:11
Fiona Robins	00:53:28
Paul Hammond	00:56:10
John Messenger	00:59:15
Emily Follows	00:59:32
Emma Richardson	01:00:35
Linda Durkin	01:01:01
Alison Hunter	01:01:42
Andrea Foulke	01:01:55
Jamie Wainwright	01:01:59
Annette McTaggart	01:02:14
Phil Goss	01:02:23
Paul Durkin	01:04:33
Anna Lay	01:04:59
Karina Wrigley	01:06:50
Jay Kitchen	01:09:39
Veronica Hawking	01:11:50
Cheryl Stanton	01:11:52
Ward Nicola	01:12:18
Helen Frith	01:12:50
Karen Downham	01:18:53
Les Kitching	01:28:16
Stevie Roberts	01:31:22
Zoe Hoy	01:31:24

## **Dewsbury 10k - 06/02/2022**

Annette McTaggart	51:43:00
Samira Lambert	01:07:57