



Newsletter February 2023

AGM

Thank you to everyone who came along to the 2022 AGM on Friday 20th January 2023. Your 2023 Committee was voted in:

Chair	Andy Hill
Secretary	Annette McTaggart
Membership Secretary	Les Kitching
Treasurer	Emma Richardson
Men's Captain	Alan Davy
Men's Vice Captain	Graham Hoy
Women's Captain	Veronica Hawking
Women's Vice Captain	Hannah Edwards
Social Secretary	Cheryl Stanton
Kit Secretary	Karina Wrigley
Web Editor	Alison Hunter

We were also very excited to present the 2022 Club Championship awards, something we haven't been able to do for 3 years! Well done to all our winners and runners up:



Ladies Vets 35-44	Winner - Emily Follows	Runner up - Veronica Hawking
Ladies Vets 45-54	Winner - Annette McTaggart	
Ladies Vets 55+	Winner - Alison Hunter	Runner up - Linda Durkin
Men's Vets 40-49	Winner - Alan Davy	Runner up - Graham Hoy
Men's Vets 50-59 "Andy Burns Memorial Trophy"	Winner - Andy Hill	Runner up - Ian Downham
Men's Vets 60+	Winner - Paul Hammond	Runner up - John Messenger
Handicap League	Winner - Alison Hunter	Runner up - Anna Lay
Runners Runner of the Year	Winner - Graham Hoy	
Ladies Champion	Winner - Emily Follows	Runner up - Alison Hunter
Men's Champion	Winner - Andy Hill	Runner up - Ian Downham
Spring Handicap	Winner - Lindsay Georgopoulos	
Autumn Handicap	Winner - Carole Kitchen	
Lifetime Achievement Award	Winner - Grace Burns	



2023 Club Championship

Your captains are excited to share with you our Club Championship races for 2023:

- ✿ Jan - West Park PECO
- ✿ Feb - Muddy Boots 10k
- ✿ March 12th - Thirsk 10 miles https://bookitzone.com/elizabeth_wordsworth/nQjFFX
- ✿ April 2nd - Baildon Boundary Way half marathon: <https://racebest.com/races/&utzv>
- May - No race due to Rob Burrow Marathon
- ✿ June 18th - Leeds 10k <https://www.runforall.com/events/10k/leeds-10k/>
- ✿ July 2nd - Caistor Sting in the Tail 10K <https://caistorrunningclub.com/.../sting-in-the-tail.../> (this race sells out quickly and there are currently 248 places remaining so early booking is advised)
- ✿ July (date TBC) - St Aidan's 10k (Race organisers have confirmed date is TBA)
- ✿ August - park run (location TBA) - chance to run this park run any Saturday in August (5,12, 19, 26)
- ✿ August 20th - Escrick 10k <https://bookitzone.com/escrick10k/oQjFFX>
- ✿ September 17th - Wetherby 10k <https://racebest.com/races/fvgsh>
- ✿ October 15th - Hedgehog Half <https://curlysathletes.co.uk/the-hedgehog-half> (waiting list - booking open in March)
- ✿ November 5th - Guy Fawkes 10 mile <https://13milers.com/races/guy-fawkes-10-mile> (not yet open for bookings)

Dec - no races

We have done our best to choose a mixture of distances, terrains and elevation, with some new races and some old favourites and hopefully there's something for everyone!

Please note we may add a further 1-2 races to the calendar later in the year but will keep you posted on any updates.

For those who are new to the Club Championship, you need to do at least 6 races to qualify and points are taken over your best 8 races. See more on our website <https://kippaxharriers.org.uk/club-events/club-championship/>

The 2023 Championship has got off to a great start, with a huge turnout of red vests at both PECO #3 and the Muddy Boots 10k!





KIPPAX HARRIERS



Although it wasn't a Club Championship race, we had a HUGE turnout for TNT in January!



PECO

We had another great turnout at Race #3 at West Park in January, well done to everyone who ran and supported.



With two races left to go, the Ladies' Team are placed 4th in the Second Division and 5th in the Vets First Division, with the Men's Team 7th in the Second Division and 6th in the Vets First Division.

Good luck to everyone running at Race #4 at Middleton Park on 19th February.



Kippax Harriers 40th Anniversary Summer Ball

****SAVE THE DATE ****

Saturday, 24th June 2023

Thorpe Park Hotel

Champagne reception, 3-course meal, music & dancing

Black tie & cocktail dresses (optional)

Circa £36pp (TBC)

Open to all members & partners

Further details & sign-up to follow in the coming weeks, but keep it free because it promises to be a great celebration of 40 years of our amazing little club!

Runner of the Month

The award for November went to Jamie Wainwright, for his determination in coming back from injury, and running so well in the Dalby Dash and Tad 10 races. Well done Jamie!



The awards for December and January have been agreed by your committee, but haven't been announced yet, so watch this space!

Have a look at all our Runners of the Month on our website: <https://kippaxharriers.org.uk/runner-of-the-month-2/>



Rob Burrow Leeds Marathon Facebook group

As discussed at the AGM, we have now set up a new Facebook page for all Leeds Marathon related chat.

It's opt-in and optional to join so we haven't automatically added people but you can join here:

<https://www.facebook.com/groups/488801976802609/?ref=share>

The Freebies

Don't forget we have a 40% discount code to use at www.highfive.co.uk The code is H5#KIPPAXHARRIERSRC but unfortunately the code cannot be used against discounted or promotion products. The good news is that you can share this code with friends and family, just enter at the online checkout.

We also get 10% off at Up and Running, both in-store and also online using the code CLUB10.

The Results

Here's the Results Update for races up to 7th February:

TNT 10 miles – 08/01/2023

Andrew Weeks 01:14:57
Andy Hill 01:15:35
Ian Downham 01:17:10
Alan Davy 01:19:42
Graham Hoy 01:21:48
Paul Hammond 01:22:20
Emily Follows 01:22:22
Fiona Robins 01:22:50
Stephen Hanley 01:27:10
Suzanne Costello 01:26:31
Stephen Shakeshaft 01:29:46
Robert Ward 01:31:11
Anna Lay 01:32:46
Alison Hunter 01:33:46
John Messenger 01:35:08
Rob Chard 01:39:42
Veronica Hawking 01:39:02
Linda Durkin 01:39:27
Hayley Jackson 01:41:38
Emma Richardson 01:42:24
Anna Houton 01:43:37
Clare Copley 01:45:24
Sue McCluskey 01:45:38
Hannah Edwards 01:50:07
Nicola Ward 01:50:04
Cheryl Stanton 01:50:07



Annette McTaggart 01:50:15
Charlotte Robinson 01:51:31
Wendy Chapman 01:52:45
Valerie Pell 01:53:18
Helen Frith 01:56:04
Judith Jones 01:58:41
Kate Penrose 02:03:02
Elizabeth Holdsworth 02:04:04
Judy Lankester 02:07:08
Lucie Stanworth 02:16:55
Iona Fox 02:22:06
Les Kitching 02:23:20
Caroline Cheetham 02:24:53
Zoe Smith 02:24:54
Lindsay Georgopoulos 02:24:53
Zoe Hoy 02:24:54
Stevie Roberts 02:24:52

Polar Night Half Marathon Tromso - 08/01/2023

Andrea Foulke 02:38:38

PECO West Park 4.2 miles – 22/01/2023

Andrew Hill 00:30:03
Wayne Wideman 00:30:09
Richard Lay 00:31:04
Alan Davy 00:31:33
Jonathan Emery 00:32:14
Hannah Jordan 00:32:33
Emily Follows 00:33:30
Paul Hammond 00:33:56
Fiona Robins 00:34:27
Stephen Shakeshaft 00:34:39
Suzanne Costello 00:34:44
Alison Hunter 00:36:17
James Copley 00:36:48
John Messenger 00:37:32
Veronica Hawking 00:38:29
Linda Durkin 00:38:52
Andrea Foulke 00:38:56
Emma Richardson 00:39:51
Clare Copley 00:40:40
Hannah Edwards 00:41:45
Karina Wrigley 00:41:45
Iona Davies 00:42:42
Mark Sutton 00:44:06
Valerie Pell 00:46:05
Les Kitching 00:58:06



St Aidan's Winter Beast 6.66 miles - 29/01/2023

Suzanne Costello 00:55:45

Mark Albon 1:04:07

Hannah Edwards 1:10:12

Iona Fox 1:10:55

Torremolinos Half - 05/02/2023

Rob Ward 01:58:32

Val Pell 02:10:22

Muddy Boots 10K - 05/02/2023

Andrew Hill 00:44:42

Ian Downham 00:45:05

Richard Lay 00:45:52

Graham Hoy 00:46:48

Paul Hammond 00:49:43

Fiona Robins 00:49:59

Alison Hunter 00:52:36

Polly Hardy 00:54:16

Patrycja Jaszek 00:54:45

Phil Goss 00:56:35

Jamie Wainwright 00:57:26

Iona Fox 01:03:03

Judy Lankester 01:09:33

Zoe Smith 01:22:26

Zoe Hoy 01:22:27

Janet Mujtaba 01:38:22